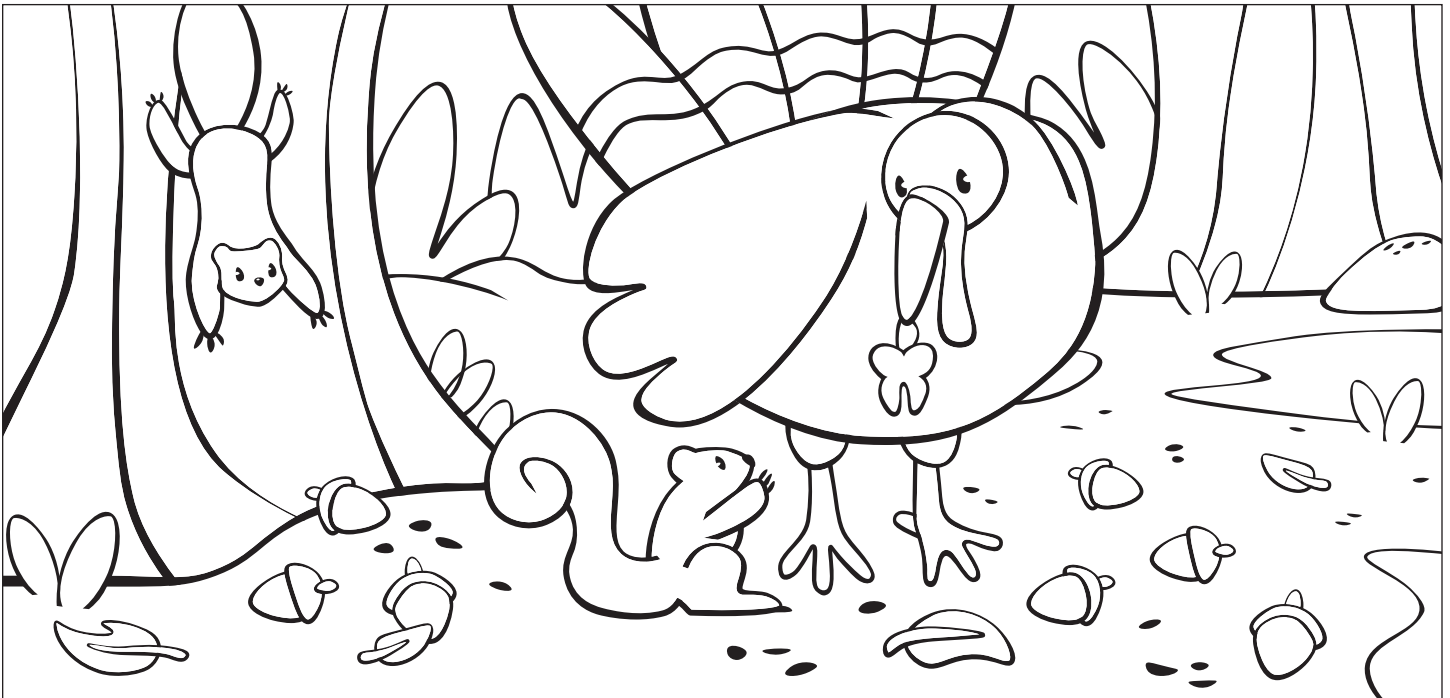


November 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1  ☐ ☐  ☐ ☐ BRUSH DAY
2  ☐ ☐  ☐ ☐ DAYLIGHT SAVING TIME ENDS	3  ☐ ☐  ☐ ☐	4  ☐ ☐  ☐ ☐	5  ☐ ☐  ☐ ☐	6  ☐ ☐  ☐ ☐	7  ☐ ☐  ☐ ☐	8  ☐ ☐  ☐ ☐
9  ☐ ☐  ☐ ☐ TONGUE TWISTER DAY	10  ☐ ☐  ☐ ☐ SESAME STREET DAY	11  ☐ ☐  ☐ ☐ VETERANS DAY	12  ☐ ☐  ☐ ☐	13  ☐ ☐  ☐ ☐ WORLD KINDNESS DAY	14  ☐ ☐  ☐ ☐	15  ☐ ☐  ☐ ☐
16  ☐ ☐  ☐ ☐ DAY OF TOLERANCE	17  ☐ ☐  ☐ ☐ TAKE A HIKE DAY	18  ☐ ☐  ☐ ☐	19  ☐ ☐  ☐ ☐ INTERNATIONAL MEN'S DAY	20  ☐ ☐  ☐ ☐ WORLD CHILDREN'S DAY	21  ☐ ☐  ☐ ☐	22  ☐ ☐  ☐ ☐
23  ☐ ☐  ☐ ☐	24  ☐ ☐  ☐ ☐	25  ☐ ☐  ☐ ☐	26  ☐ ☐  ☐ ☐	27  ☐ ☐  ☐ ☐ THANKSGIVING	28  ☐ ☐  ☐ ☐ FLOSSING DAY	29  ☐ ☐  ☐ ☐
30  ☐ ☐  ☐ ☐						

Check off a box each time you brush or clean between your teeth.
Make it a habit for a great smile!